

# TRUST ISSUES

YOU AND ME AND THE SPACE BETWEEN



“Restaurando nuestra Confianza”

“Restoring our trust”

**Restore your trust in \_\_\_\_\_**

**Restaura tu confianza en \_\_\_\_\_**

Oseas 2:14 / Hosea 2:14

**Restore your trust in \_\_\_\_\_**

**Restaura tu confianza en las \_\_\_\_\_**

Genesis 45:4,15

**Steps to regain Trust** *by Henry Cloud*

**Pasos para recuperar la confianza** *Por Henry Cloud*

- 1. Take the time to recover from what happened to you. Hebrews 12:13*  
*1. Toma el tiempo para recuperarte de lo que te sucedió. (Hebreos 12:13)*
- 2. See beyond anger, revenge, and consider forgiveness. Ephesians 4:1*  
*2. Mira más allá del enojo, la venganza y considera el perdón. (Efesios 4:16)*
- 3. Think about what you really want Ecclesiastes 3: 5-8*  
*3. Piensa en lo que de verdad deseas. (Eclesiastés 3:5-8)*
- 4. Find out if there is a possibility of reconciliation. Romans 12:18*  
*4. Averigua si existe la posibilidad de la reconciliación. (Romanos 12:18)*
- 5. Evaluate trustworthiness. 1 Thessalonians 5:21-22*  
*5. Evalúa la confiabilidad. (1 Tesalonicenses 5:21-22)*
- 6. Look for evidence of true change. Matthew 5:3-6*  
*6. Busca evidencias de un cambio verdadero. (Mateo 5:3-6)*

## Giving

We believe giving is an act of worship and thanksgiving to God.



### Online

Visit [emanuel.church/give](http://emanuel.church/give) to learn more about online giving and to get signed up



### On Your Phone

Text 84321 with an amount to get signed up



### In Person or Mail

Place in the black mailbox or mail to: 513 Tanglewood Dr. Shoreview, MN 55126