

PSALMS



PART 2: "PAIN"

Psalms provide permission for our pain, and hope for redemption

Today's Texts: 5; 6; 13; 31; 42; 77; 102 (primary text)

Psalms gives us _____ to feel heartbreak

We do not _____ like those without _____

In your _____ God hears your _____

Testimonies are an avenue to _____

Psalms invite you to...

1. Feel your pain
2. Find your pain people
3. Make your pain playlist
4. Pray your pain
5. Cling to hope

Giving

We believe giving is an act of worship and thanksgiving to God.



Online

Visit emmanuel.church/give to learn more about online giving and to get signed up



On Your Phone

Text 84321 with an amount to get signed up



In Person or Mail

Place in the black mailbox or mail to: 513 Tanglewood Dr. Shoreview, MN 55126