

“Consecrate a fast; call a solemn assembly. Gather the elders and all the inhabitants of the land to the house of the LORD your God...”

Joel 1:14

The word "Lent" is written in a large, elegant, cursive script in a dark brown color. The letters are fluid and connected, with a slight shadow effect behind the text, giving it a three-dimensional appearance as if written with a brush on a textured surface.

We invite you to join millions of believers around the globe as together we observe a season called Lent. Lent is a time of focused repentance and reflection that begins on Ash Wednesday and ends right before Easter.

## **CONSIDER A FAST**

It's common to fast from certain foods or certain forms of media during Lent. Many people have found fasting helps to focus their thoughts and helps them become more consciously aware of God's blessings.

## **ALMSGIVING**

Almsgiving is the act of giving to those in need as a tangible expression of Christian love. Our focus for this year's charitable giving is Emmanuel Children's Home in Juarez, Mexico. Please consider participating in our "Wheels for Juarez" drive or our Child Sponsorship drive. Contact Christina Freeman to learn more ([christina@emmanuelcovenant.com](mailto:christina@emmanuelcovenant.com)).

## **ASH WEDNESDAY & GOOD FRIDAY SERVICES**

This year's Ash Wednesday service is Wednesday, February 10 at 7:00 pm. Our Good Friday Service begins at 7:00 pm on Friday, March 25. Both services take place at the Shoreview Community Center.

## **PALM SUNDAY & EASTER SUNDAY**

Commemorate Jesus' Triumphant entry into Jerusalem on Sunday, March 20. Two Palm Sunday services will be offered at our regular service times. On March 27, celebrate Easter Sunday with us at one of THREE services: 9:00, 10:00, or 11:00 am.